

— ITINERARY — 3 DAYS

St. Kitts
follow your heart



Three days is the perfect amount of time to sample everything St. Kitts has to offer—history, gorgeous scenery, scenic train rides, duty-free shopping, some of the best beaches in the world, and plenty of lounging opportunities. You'll need to rent a car or hire a taxi for this itinerary, which assumes you're based in Basseterre. Be sure to toss the snorkeling gear in the trunk.

DAY 01



8:30 A.M

KITTITIAN FLAVORS KICK START YOUR MORNING!

Kick off the day with a traditional saltfish breakfast at open-air Ballahoo in Basseterre's historic heart.



10:00 A.M

A STROLL THROUGH THE CAPITAL CITY

Filled with gingerbread-trimmed pastel cottages, Basseterre is a friendly, laid-back town ideal for a morning stroll. Be sure to stop by St. George's Anglican Church, Independence Square, the National Museum, and the Rosie Cameron Art Gallery.



12:00 P.M

BRIMSTONE HILL FORTRESS

Continue west along the coastal road through picturesque villages dotting the rumpled green, palm-tree-shaded landscape. You can't miss the towering bulk of Brimstone Hill Fortress National Park — a UNESCO World Heritage site — along the way. Dating from the 1690s, it provides an important look into the island's colonial past. Be sure to pick up an audio guide and map at the entrance.



1:00 P.M

ORCHID DELIGHT

Admire orchids of every stripe and color at St. Kitts Eco Park, a fascinating agro-tourism demonstration farm. Then scale the watchtower for stunning views out over the sparkling Caribbean Sea.



1:45 P.M

AUTHENTIC FARE

Continue driving along the coast, around the island's northern end, stopping for picture-taking or a quick snorkel at a secluded beach. Stop for a home-cooked lunch at one of the seemingly nondescript shacks. Locals very likely will point you to Cooper's Bar/Glenda's Place in Dieppe Bay Town, where a blackboard advertises daily specials—conch water (soup), BBQ ribs, fried local fish, stewed mutton ... not to mention the Caribbean-flavored sides.



5:00 P.M

SUNSET REJUVENATION

Round out a busy day with a beachfront natural aloe rub as the red sun drops into the sea and the sky turns tangerine orange and magenta before your eyes.



8:30 P.M

BEACH BBQ

There's nothing like tucking into freshly caught lobster grilled right on the beach, to a background track of crashing surf and local rhythms. Try Sprat Net in Old Town Road or one of the many beach restaurants in Frigate Bay.

DAY
02



8:30 A.M

RIDING THE RAILS

Hop aboard the St. Kitts Scenic Railway, a narrow-gauge train that once transported sugarcane on the island. As you make a four-hour circuit around the island, admiring stunning views around every turn, the conductor relates stories about the island's sugarcane history, local folklore, and island geography.



12:00 P.M

SPLASH IN THE SURF

A string of beaches sprinkles the southeast peninsula, with Cockleshell Beach being one of the most popular. Spend a leisurely afternoon body surfing, lying out on the sugar-white sand, and enjoying local food from one of the rustic beach bars.



5:00 P.M

SUNSET COCKTAILS AT SALT PLAGE

Give a toast to the sun with a signature craft cocktail at this Christophe Harbour bar overlooking the sparkling sea.



7:30 P.M

DINNER FOR TWO

Round out your evening with a romantic dinner on the island's Southeast Peninsula. Spice Mill is a great choice for those looking for a fresh, multi-ethnic experience. Craving sushi? Stop by Carambola Beach Club on Fridays — their all-you-can-eat buffet comes paired with complimentary rum punch and sake shots.

DAY
03



10:30 A.M

REIN IT IN

Saddle up for a canter along the beach or through lush, tropical rain forest and sugarcane fields. Visit Trinity Inn Stables or have Pereira Tours organize a tour for you.



12:30 P.M

LUNCH IN THE MIDDLE OF THINGS

Downtown Basseterre is a prime location for local fare. Treat yourself to a nice lunch: Serendipity offers the Caribbean's best bouillabaisse; Boozies is a Kittitian favorite; and El Fredo's conch chowder is an island classic.



2:00 P.M

SHOPPING HEAVEN

Poke into Basseterre's charming shops on a stroll around town, the perfect place to find souvenirs for friends and family back home. And don't forget Port Zante's wealth of duty-free shopping and the Amina Craft Market, showcasing a variety of pottery, accessories and paintings by local artisans.



7:30 P.M

DINNER WITH AN INTERNATIONAL TOUCH

Basseterre and Frigate Bay have a bevy of international restaurants—whether you're in the mood for Italian, French, Japanese, Indian, or Asian, you're in luck.



9:30 P.M

PARTY TIME

Friday nights are for The Strip. Drink rum punch, make new friends, and dance into the morning at any of Frigate Bay's buzzing beach bars.